



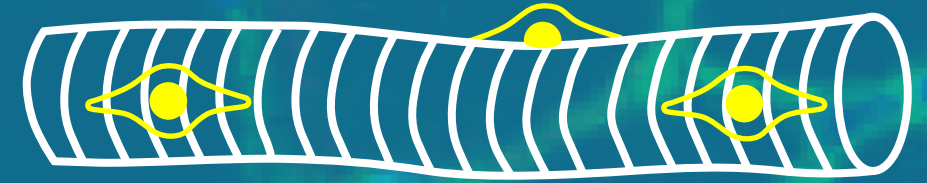
HOW BIOACTIVE

NUTRIENTS REGENERATE MUSCLES

1

Muscle stem cells

support muscle growth,
maintenance and repair



2

Exercise causes stress

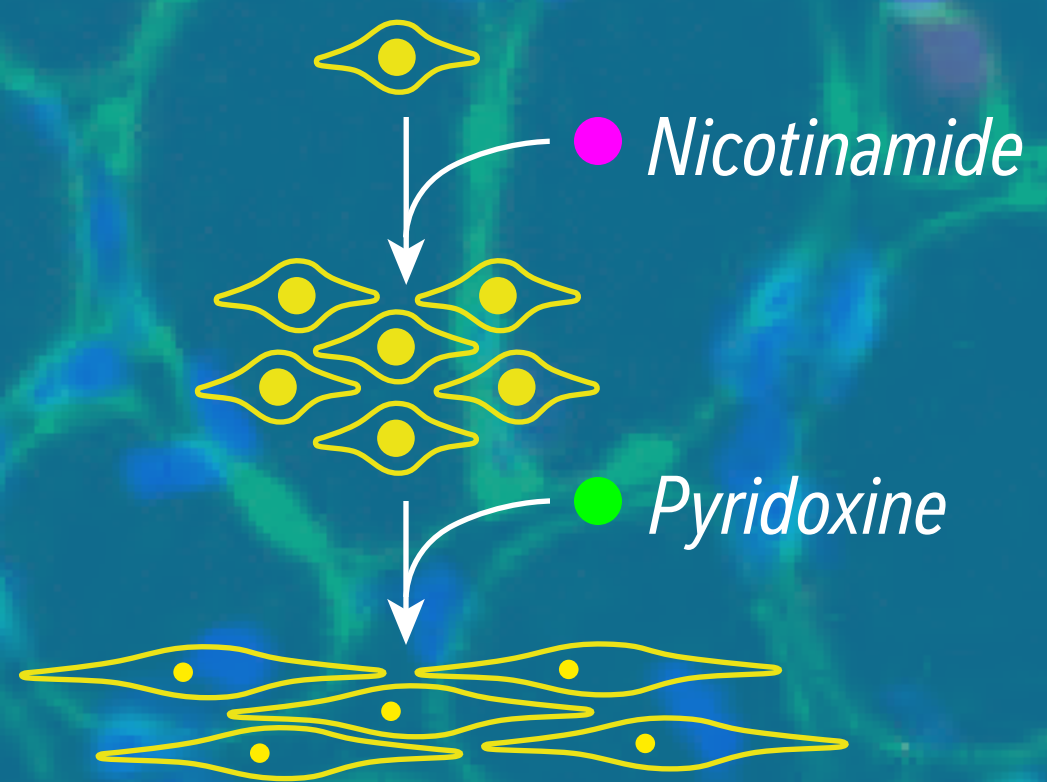
on muscle fibers,
which can activate
muscle stem cells



3

Bioactive supplements

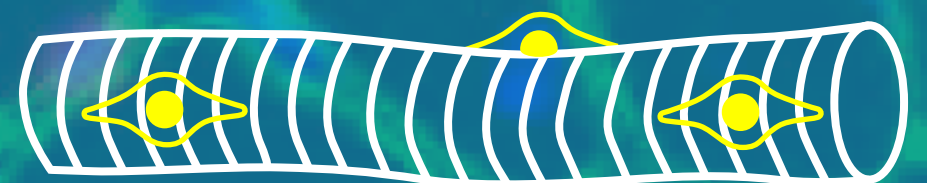
help muscle stem cells
expand and support recovery
after exercise



4

Muscle regeneration

is accelerated by
the bioactive supplements



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Why

take muscle
recovery
supplements

- ✓ **Activate** muscle stem cells
- ✓ **Enhance** muscle regeneration
- ✓ **Help** muscles recover more strength