

Nutrition, health and wellness

Enabling healthier and happier lives

Our 2030 ambition is to help 50 million children lead healthier lives. Nestlé is the world's largest food and beverage company, with the widest portfolio. We provide individuals and families with foods, beverages and services they can trust, including products for those requiring a life-supporting nutritional formula, appropriately packaged and priced products for consumers on low incomes, and premium products and services for those wanting an indulgent moment of pleasure. Inspired by our founder, Henri Nestlé, guided by our values and with nutrition at our core, we work alongside partners to offer individuals and families products, services and knowledge that enhance quality of life and contribute to a healthier future.

Offering tastier and healthier choices

Because we want to encourage healthy diets and address malnutrition in all its forms, from undernutrition to overnutrition.



83.7%

of all products met or exceeded Nestlé Nutritional Foundation (NF) criteria, representing an appropriate choice within a balanced diet



8%

reduction in sugar, a 10.5% reduction in sodium and a 6.5% reduction in saturated fats in products that currently do not meet our NF criteria



93%

of children's or teenagers' breakfast cereals have more whole grain in a serving than any other ingredient



CHF 1.7bn

invested in nutrition research and development



302 000

registered healthcare professionals reached through the Nestlé Nutrition Institute



92.3%

of relevant products have GDA-based labels



55m

people reached through Nestlé *Start Healthy Stay Healthy*



2nd

ranked among food and beverage manufacturers in the 2016 Access to Nutrition Index (ATNI)™



8.3m

children in 84 countries reached through the Nestlé Healthy Kids Global Programme promoting healthy diets and lifestyles



5th

consecutive year listed in the FTSE4Good Responsible Investment Index for the responsible marketing of breast-milk substitute (BMS)

Inspiring people to lead healthier lives

Because by giving individuals and families the best start in life and supporting them through all stages of life, we are nurturing a healthy generation.

Contributing to the Sustainable Development Goals (SDGs)

Nestlé supports the SDGs. These SDGs in particular are relevant to our work on nutrition, health and wellness:

