

A unique oral nutritional supplement specifically designed for older adults to help them regain strength and remain independent.


## Product Benefits

Resource<sup>®</sup> SeniorActiv contains nutrients commonly deficient in the diet of older adults and helps to:

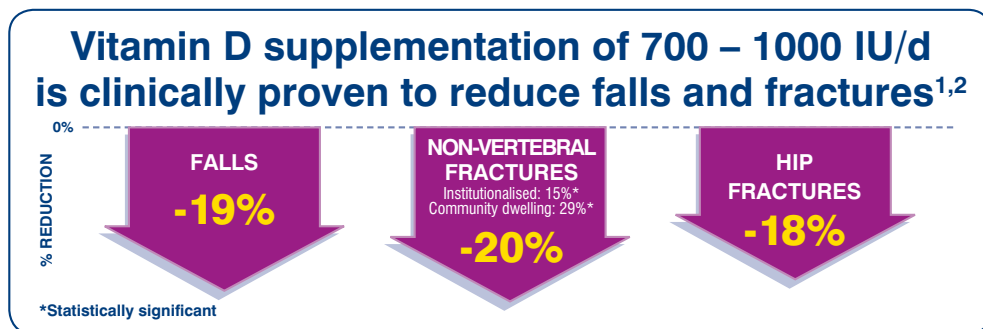
- Improve nutritional status
- Regain strength and energy after an illness or surgery
- Maintain functional abilities, by supporting physical strength and cognitive health

## Product Composition

Resource<sup>®</sup> SeniorActiv contains Acti-3, a combination of 3 key ingredients to support strength:

<ul style="list-style-type: none"> <li>• <b>Protein</b> - 40g in 2 servings</li> </ul>	→ To help minimise muscle breakdown and support muscle synthesis	
<ul style="list-style-type: none"> <li>• <b>Vitamin D</b> – 1000 IU in 2 servings</li> </ul>	→ To support muscle strength and optimise bone health	
<ul style="list-style-type: none"> <li>• <b>Calcium</b> – 960 mg in 2 servings</li> </ul>		

Vitamin D and calcium are provided in doses clinically proven to reduce the risk of falls and fractures, which are a leading cause of hospitalisation in older adults.



### Resource<sup>®</sup> SeniorActiv also contains:

- **Prebio<sup>1</sup>** a proprietary prebiotic fibre blend of FOS\* and inulin to support regularity and the immune system
- **EPA\*/DHA\*<sup>3</sup>** (omega-3 fatty acids) and high levels of **Vitamin B<sub>12</sub>** and **Folate** to support cognitive health
- High levels of antioxidants **Zinc** and **Selenium** to address the oxidative stress and chronic inflammation of ageing

Resource<sup>®</sup> SeniorActiv is nutritionally complete and high in calories (1.5 kcal/ml).



\*FOS = Fructooligosaccharides \*EPA = Eicosapentaenoic Acid \*DHA = Docosahexaenoic Acid

## Packaging Format

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- 200ml bottle
- 4-bottle pack

## Recommended Dosage

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- 2 servings (2 x 200ml bottle) per day

## Flavours

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3 great tasting flavours:

- Caramel-Toffee
- Creamy Vanilla
- Strawberry-Biscuit

## Availability

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Available in the following European countries in 2010:

- Austria
- Belgium
- Finland
- Italy
- Netherlands
- Sweden
- Switzerland

Other countries to follow

## Regulatory Status

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- Food for Special Medical Purposes (FSMP)



### References:

1. Bischoff-Ferrari HA *et al.* (2009) Fall prevention with supplemental and active forms of vitamin D: a meta-analysis of randomised controlled trials. *BMJ*;333:843-846.
2. Bischoff-Ferrari HA *et al.* (2009) Prevention of Nonvertebral Fractures with Oral Vitamin D and Dose Dependency. *Arch Intern Med*;169:551-561.
3. Gillette-Guyonnet S *et al.* (2007) IANA Task Force on Nutrition and Cognitive Decline with Aging. *J Nutr Health Aging*;11:132-152.